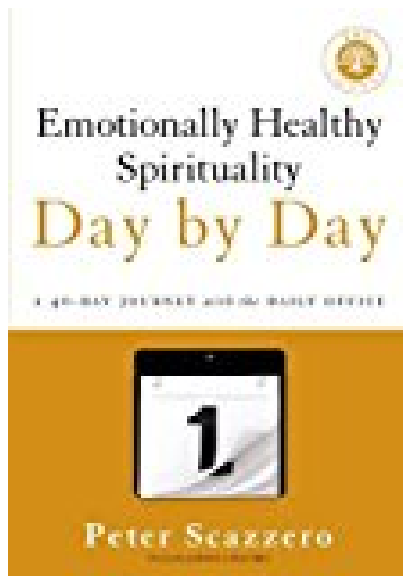


Emotionally Healthy Spirituality Day by Day A 40-Day Journey with the Daily Office



BOOK DETAILS

- Author : Peter Scazzero
- Pages : 192 Pages
- Publisher : Zondervan
- Language : English
- ISBN : 0310341167

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BOOK SYNOPSIS

In this groundbreaking devotional book, Peter Scazzero introduces the ancient spiritual discipline of the Daily Office. The basic premise of the Daily Office is simple: We need to intentionally stop to be with God more than once a day so that practicing the presence of God becomes real in our lives. Each day offers two Daily Offices—Morning/Midday and Midday/Evening—where each pause can last from five to twenty minutes.

EMOTIONALLY HEALTHY SPIRITUALITY DAY BY DAY A 40-DAY JOURNEY

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