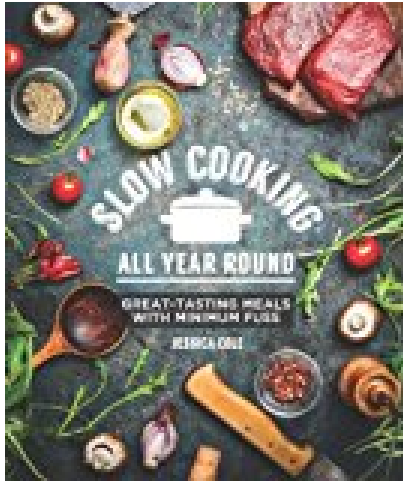


Slow Cooking All Year Round Great-Tasting Meals with Minimum Fuss



BOOK DETAILS

- Author : Diane Johnson
- Pages : 160 Pages
- Publisher : New Holland Publishers
- Language : English
- ISBN : 1742579191

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BOOK SYNOPSIS

Great-tasting meals with minimum fuss is the Slow Cooking way... This cookbook gathers many traditional favorites, showing you how to cook them low and slow, so they will become your go-to signature dishes that require little to no effort. This phenomenally popular style of cooking is budgetconscious - taking tougher cuts of meat & turning them into delicious, tender, juicy & hearty meals for the family. Despite the longer cooking times, slow cooking generally requires shorter preparation time, leaving you to get on with life whilst dinner gently bubbles away. Plus, cooking meat, vegetables & sauce together in the one pot cuts down on your washing up too. And youve got to love that. You dont need specific equipment - there are many ways to slow cook food. Simmering in a stockpot on the stovetop; baking in a casserole dish in your oven or with a slow-cooker or pressure-cooker. Youll master the art of slow cooking with this book and your family will love you for it!

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