

The 52 Lists Project A Year of Weekly Journaling Inspiration



BOOK DETAILS

- Author : Moorea Seal
- Pages : 144 Pages
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BOOK SYNOPSIS

Create 52 lists, one for every week of the year, that will help you discover the beauty, joy, creativity, and power you already have! The 52 Lists Project is a gorgeous journal for list lovers, based on the popular blog series by Moorea Seal. This beautiful undated journal of weekly lists will help nurture self-expression and self-development. Each seasonal section includes list prompts, with plenty of space to write your own lists, and challenges to help you take action and make your dreams a reality. With perfectly timed prompts that meet you where you are throughout the different seasons, this journal will open up new avenues of self-knowledge and help you celebrate, enjoy, and take ownership of your life, as each week of the year becomes more thoughtful and vibrant.

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